BEHAVIORAL RISK FACTORS FOR WILLIAMS COUNTY, 1999-2004

	Marin: O +	ND 2002 2004	TIO
	Williams County 1999-2004	ND 2003 or 2004 Prevalence %	US 2002 or 2003
	1999-2004	(95% CI)	Median (range)
Activity Limitation and Quality of Life		(9370 C1)	Wicdian (range)
Percentage who reported a limitation in any activities due to an impairment or health problem.	16.7	16.1	18.3
referrings who reported a minimum in any activities due to an impairment of neutral problem.	(12.4-20.9)	(14.6-17.5)	(11.2-26.4)
Percentage who reported any days in the past 30 during which pain made it hard to do usual	27.2	20.6	23.2
activities.	(18.5-35.9)	(18.8-22.3)	(18.3-29.7)
Percentage who reported 14 or more days in the past 30 during which they felt sad, blue or	5.4	6.5	8.2
depressed.	(2.0-8.7)	(5.5-7.5)	(5.3-13.9)
Percentage who reported 14 or more days in the past 30 during which they felt worried, tense or	13.2	13.1	14.5
anxious.	(7.6-18.8)	(11.7-14.5)	(7.8-19.7)
Percentage who reported 14 or more days in the past 30 during which they did not get enough sleep	31.3	24.3	24.6
or rest.	(22.3-40.3)	(22.4-26.2)	(12.8-33.2)
Percentage who reported 8 or more days in the past 30 when their physical health was not good.	12.5	11.1	12.8
	(8.5-16.5)	(9.8-12.3)	(7.9-21.1)
Percentage who reported 8 or more days in the past 30 when their mental health was not good.	7.3	10.2	12.9
	(4.1-10.5)	(7.0-11.4)	(7.4-18.5)
Percentage who reported 8 or more days in the past 30 when their physical or mental health keep	6.3	5.7	7.8
from usual activities.	(3.6-9.0)	(4.8-6.6)	(4.9-13.7)
Alcohol Use			
Percentage who reported heavy drinking (>2/day for men, >1/day women).	5.8	5.7	5.7
	(1.9-9.6)	4.7-6.8	(2.2-8.6)
Percentage who reported having five or more drinks on one occasion at least once in past month.	22.5	21.3	16.5
	(16.4-28.7)	(19.5-23.1)	(6.6-24.2)
Arthritis	***		
Percentage who reported ever being told by a doctor that they had some form of arthritis.	34.8	27.5	27
	(27.1-42.5)	(25.8-29.2)	(16.4-37.2)
Percentage who reported current (past 30 days) pain, aching or stiffness around a joint lasting	41.0	38.4	36.5
longer than three months.	(32.9-49.0)	(36.5-40.4)	(21.2-47.1)
Percentage who reported being limited in any usual activities because of arthritis or joint	11.1	11.4	13.2
symptoms.	(6.5-15.7)	(10.2-12.6)	(8.3-20.9)
Asthma Percentage age 18 and older who report ever having been told by a doctor, nurse or other health	8.8	10.0	11.7
professional that they had asthma.	6.6 (5.6-11.9)	(8.9-11.3)	(9.2-20.7)
Percentage who reported current asthma.	7.8	7.0	7.6
refeelinge who reported current astillina.	(4.8-10.8)	(6.0-8.0)	(4.5-10.8)
Cholesterol Awareness	(4.0-10.0)	(0.0-0.0)	(4.3-10.6)
Percentage who reported that they have never had their cholesterol checked.	22.8	24.8	23.1
referrings who reported that they have never had then endestered encountry	(17.5-28.1)	(229-26.8)	(14.8-29.5)
Percentage who reported being told they had high cholesterol among those who ever had their	32.8	32.7	33.1
cholesterol checked.	(26.4-39.2)	(30.6-34.7)	(26.9-38.2)
Colorectal Cancer Screening	(11	(2 111 2 11)	(111 111)
Percentage age 50 and older who reported that they have not had a fecal occult blood test in the	86.1	76.1	72.9
past two years.	(80.3-92.0)	(73.7-78.6)	(57.2-81.5)
Percentage age 50 and older who reported that they have not a sigmoidoscopy or colonoscopy in	72.2	60.1	57.0
the past five years.	(63.1-81.3)	(57.2-63.1)	(44.3-62.9)
Percentage age 50 and older who reported that they have never had a sigmoidoscopy.	58.0	49.7	49
	(48.3-67.8)	(46.8-52.7)	(37.8-54.1)
Diabetes			
Percentage who reported that they had ever been told that they had diabetes, except during	4.7	6.2	7.2
pregnancy only.	(2.5-6.9)	(5.3-7.1)	(4.7-11.0)
Folic Acid			
Percentage of women age 18-44 who do not know that folic acid can prevent birth defects.	54.6	39.9	52.5
	(42.4-66.9)	(35.6-44.3)	(27.1-58.5)
Health Care Access			
Percentage who reported no health insurance or other health care coverage.	14.4	11.4	14.5
	(10.1-18.7)	(10.0-12.9)	(6.9-30.4)
Percentage who reported being unable to see a doctor due to cost one or more times during the past	6.4	6.8	11.9
12 months.	(2.6-10.1)	(5.8-7.8)	(6.3-22.4)
Percentage who reported that they did not have one person that they considered to be their personal	17.4	23.6	19.1
health care provider.	(11.9-22.8)	(21.8-25.4)	(10.5-34.7)
Health Status	15.7	12.2	14.0
Percentage who reported that in general their health was fair or poor.	15.7	13.2	14.9
	(11.8-19.6)	(11.9-14.5)	(10.7-35)

Percentage who reported ever being lobb by a dector, name or other health professional that they lobb and bank a heart affacts or myocardial infraction. (2,2,3,4) (3,4,49) (1,8,7,4)		Williams County 1999-2004	ND 2003 or 2004 Prevalence% (95% CI)	US 2002 or 2003 Median (range)
hash hald a heat attatick or myocardial inflatction. (22-84) (33-449) (1.8-74) (1.8-74) hald angina or coronary heart disease. Percentage who reported ever height odd by a doctor, nurse or other health professional that they hald angina or coronary heart disease. (21.8-7) (3.4-9) (21.8-7) (\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
Percentage who reported ever being told by a doctor, name or other health professional that they had angine or comorany heart disease or stroke (4.412.9) (3.44.9) (2.1.8.7)				
10.2 1.2			(3.4-4.9)	
Percentage who reported even being told by a doctor, nurse or other health professional that they had not had a stroke. 1.8 (13-23) (12-41)				
hash had a stroke. 13.2.3 (12-41) 7.5		(4.4-12.9)		
Percentage who report heart attack, heart disease or stroke. 11.8 7.3 7.5				
Percentage who reported being ever told by a health care professional that they had high blood pressure. 21.34.11 22.425.77 (8.8.8.33.6)		11.8	7.3	
Hypertension Awareness	1 otobings the report near minor, near absence of busine.			
pressure.	Hypertension Awareness	(**************************************	(212-21-)	
pressure.	Percentage who reported being ever told by a health care professional that they had high blood	27.6	24.1	24.8
Percentage age 65 and older who reported that they had not had an influenza vaecine within the past 12 months (83-39 7) (23-53-04) (197-651)		(21.1-34.1)	(22.4-25.7)	(18.8-33.6)
Percentage who reported that they had never have a pneumococcal vaccine. (18.3-39.7) (23.5-30.4) (19.7-65.1)				
Percentage age 65 and older who reported that they had never have a pneumococcal vaccine. 34.4 28.8 25.5 (27-68.4)				
Percentage who reported that they did not always use a seatbelt.		/		
Injury Control	Percentage age 65 and older who reported that they had never have a pneumococcal vaccine.			
Percentage who reported that they did not always use a seathelt.	T: 0 + 1	(23.6-45.1)	(25.2-32.4)	(27-68.4)
Percentage age 65 and older who reported having fallen in the past three months. 11.8 (9.4-14.3) (9.4-14.3) (8.5-19.4)		(0.1	47.6	22
11.8 13.5 (9.4-14.3) (8.5-19.4)	referringe who reported that they did not always use a seatbelt.			
Nutrition Percentage who reported that they did not usually eat five servings of fruits and vegetables per day. 77.9 78.5 77.4 (66.1-84.6)	Percentage age 65 and older who reported having fallen in the past three months	(30.3-09.7)	(43.0-49.7) 11 Q	
Nutrition	referringe age 63 and older who reported having failed in the past three months.			
Percentage who reported that they did not usually eat five servings of fruits and vegetables per day. 77.9 (72.3-83.6) (76.8-80.1) (66.1-84.6)	Nutrition		(5.111.5)	(0.5 15.1)
Company Comp		77.9	78.5	77.4
Percentage who are either overweight or obese based on self-reported height and weight. 60.3 (54.7-65.9) (61.0-65.0) (50-64.9)				
(54.7-65.9) (61.0-65.0) (50-64.9) (50-64.9) (50-64.9) (50-64.9) (50-64.9) (30-64.9) (31.9-40.7)	Obese and Overweight			
Percentage who are overweight but not obese based on self-reported height and weight. 34.6 39.3 36.7	Percentage who are either overweight or obese based on self-reported height and weight.	60.3	63.0	60.1
Percentage who are obese based on self-reported height and weight. 18.7 23.8 22.8		(54.7-65.9)	(61.0-65.0)	(50-64.9)
Percentage who are obese based on self-reported height and weight. 18.7 (23.8 (22.0-25.5) (16-28.4)	Percentage who are overweight but not obese based on self-reported height and weight.			
Coral Health Percentage who reported that they had not visited a dentist or dental clinic within the past two years. 28.1 18.8 17.1 (14.4-21.6) (21.9-34.3) (17.2-20.4) (14.4-21.6) (14.4-21.6) (21.9-34.3) (17.2-20.4) (14.4-21.6) (14.4-21.6) (23.3-35.5) (16.8-19.8) (10.4-33.8)				
Percentage who reported that they had not visited a dentist or dental clinic within the past two years. 28.1 18.8 17.1	Percentage who are obese based on self-reported height and weight.			
Percentage who reported that they had not visited a dentist or dental clinic within the past two years. 28.1 18.8 17.1	0.117.14	(14.5-22.9)	(22.0-25.5)	(16-28.4)
years. (21.9-34.3) (17.2-20.4) (14.4-21.6) Percentage who reported that they had six or more permanent teeth removed due to tooth decay or gum disease. 29.4 18.3 17.6 Percentage who reported physical activity (23.3-35.5) (16.8-19.8) (10.4-33.8) Percentage whose self-reported physical activity. (39.0-52.8) (49.0-53.2) (41.5-66.2) Percentage who reported no leisure time physical activity. 21.0 23.7 23.1 Percentage who reported having had sunburn in the past 12 months. 39.0 42.8 34.5 (30.7-47.3) (40.7-44.8) (12.9-51.7) Tobacco Percentage who reported current smoke cigarette smoking some days or everyday. 23.8 20.5 22.0 Percentage of smokers who reported that during the past 12 months they had stopped smoking for one day or longer because they were trying to quit (43.2-67.5) (47.0-56.1) (45.6-61.3) Percentage of men who report current smokeless tobacco use. 5.1 3.8 Percentage of women ages 40 and over who reported that they have not had a mammogram within 21.2 23.0 23.8 1.0.2-7.6) Women's Health <td< td=""><td></td><td>20.1</td><td>10.0</td><td>17.1</td></td<>		20.1	10.0	17.1
Percentage who reported that they had six or more permanent teeth removed due to tooth decay or gum disease. 29.4 (23.3-35.5) (16.8-19.8) (10.4-33.8)				
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Physical Activity Percentage whose self-reported physical activity level did not meet the recommendation for moderate or vigorous physical activity. (39.0-52.8) (49.0-53.2) (41.5-66.2)				
Percentage whose self-reported physical activity level did not meet the recommendation for moderate or vigorous physical activity. (39.0-52.8) (49.0-53.2) (41.5-66.2)	<u> </u>	(=====)	(2010-2510)	(=======
moderate or vigorous physical activity. (39.0-52.8) (49.0-53.2) (41.5-66.2) Percentage who reported no leisure time physical activity. 21.0 23.7 23.1 (16.4-25.6) (22.1-25.4) (15-45.2) Sun Exposure Percentage who reported having had sunburn in the past 12 months. 39.0 42.8 34.5 Tobacco Percentage who reported current smoke cigarette smoking some days or everyday. 23.8 20.5 22.0 (19.1-28.5) (18.9-22.2) (9.9-34) Percentage of smokers who reported that during the past 12 months they had stopped smoking for one day or longer because they were trying to quit 55.4 51.5 52.7 Percentage of men who report current smokeless tobacco use. 5.1 3.8 (41.6-1) (45.6-61.3) Women's Health Percentage of women ages 40 and over who reported that they have not had a mammogram within the past three years. (20.4-25.6) (18.8-36.4) Percentage of momen ages 18 and older with a uterine cervix who reported that they have not had a PSA within the past two years. (30-13.8) (11.8-16.1) (46-22.3)		45.9	51.1	52.8
Percentage who reported no leisure time physical activity. 21.0 (16.4-25.6) (22.1-25.4) (15.45.2) (15.45.2)		(39.0-52.8)	(49.0-53.2)	(41.5-66.2)
Sun Exposure Comparison C	Percentage who reported no leisure time physical activity.			
Percentage who reported having had sunburn in the past 12 months. 39.0 (30.7-47.3) 42.8 (40.7-44.8) (12.9-51.7)		(16.4-25.6)	(22.1-25.4)	(15-45.2)
Tobacco Comparison Compar	Sun Exposure			
Percentage who reported current smoke cigarette smoking some days or everyday. 23.8 (19.1-28.5) (18.9-22.2) (9.9-34)	Percentage who reported having had sunburn in the past 12 months.			
Percentage who reported current smoke cigarette smoking some days or everyday. Percentage of smokers who reported that during the past 12 months they had stopped smoking for one day or longer because they were trying to quit Percentage of men who report current smokeless tobacco use. Percentage of men who report current smokeless tobacco use. Women's Health Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Men's Health Percentage of men ages 40 and over who reported that they have not had a PSA within the past two years. Men's Health Percentage of men ages 40 and over who reported that they have not had a Digital rectal exam Solution (43.2-67.5) (43.2-67.5) (47.0-56.1) (47.0-56.1) (47.0-56.1) (45.6-61.3) (47.0-56.1) (45.6-61.3) (47.0-56.1) (47.0-	m. I.	(30.7-47.3)	(40.7-44.8)	(12.9-51.7)
Percentage of smokers who reported that during the past 12 months they had stopped smoking for one day or longer because they were trying to quit	lobacco			
Percentage of smokers who reported that during the past 12 months they had stopped smoking for one day or longer because they were trying to quit	Percentage who reported current smoke cigarette smoking some days or everyday.	23.8	20.5	22.0
one day or longer because they were trying to quit (43.2-67.5) (47.0-56.1) (45.6-61.3) Percentage of men who report current smokeless tobacco use. 5.1 3.8 Women's Health Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. 21.2 23.0 23.8 Percentage of women ages 18 and older with a uterine cervix who reported that they have not had a pap smear within the past three years. (3.0-13.8) (11.8-16.1) (4.6-22.3) Men's Health 55.6 50.3 46.9 years. (40.8-70.5) (46.5-54.1) (43.9-56) Percentage of men ages 40 and older who reported that they have not had a digital rectal exam 55.5 44.5 44.8		(19.1-28.5)		(9.9-34)
Percentage of men who report current smokeless tobacco use. S.1		55.4	51.5	
Women's Health Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Canal State of the past two years Canal State of the past three years Canal State of three years Canal State o		(43.2-67.5)		
Women's Health21.223.023.8Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years.(12.4-29.9)(20.4-25.6)(18.8-36.4)Percentage of women ages 18 and older with a uterine cervix who reported that they have not had a pass mear within the past three years.8.413.911Percentage of men ages 40 and over who reported that they have not had a PSA within the past two years.(3.0-13.8)(11.8-16.1)(4.6-22.3)Percentage of men ages 40 and older who reported that they have not had a digital rectal exam55.650.346.9Percentage of men ages 40 and older who reported that they have not had a digital rectal exam55.544.544.8	Percentage of men who report current smokeless tobacco use.			
Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Percentage of women ages 18 and older with a uterine cervix who reported that they have not had a pap smear within the past three years. Men's Health Percentage of men ages 40 and over who reported that they have not had a PSA within the past two years. Percentage of men ages 40 and older who reported that they have not had a digital rectal exam 23.0 23.8 (12.4-29.9) (20.4-25.6) (11.8-16.1) (11.8-16.1) (4.6-22.3) 46.9 (40.8-70.5) (40.8-70.5) (40.5-54.1) (43.9-56)	WY YY Id		(4.1-6.1)	(0.2-7.6)
the past two years. (12.4-29.9) (20.4-25.6) (18.8-36.4) Percentage of women ages 18 and older with a uterine cervix who reported that they have not had a pap smear within the past three years. (3.0-13.8) (11.8-16.1) (4.6-22.3) Men's Health Percentage of men ages 40 and over who reported that they have not had a PSA within the past two years. (40.8-70.5) (46.5-54.1) (43.9-56) Percentage of men ages 40 and older who reported that they have not had a digital rectal exam 55.5 44.5 44.8		21.2	22.0	22.0
Percentage of women ages 18 and older with a uterine cervix who reported that they have not had a pap smear within the past three years. Men's Health Percentage of men ages 40 and over who reported that they have not had a PSA within the past two years. Percentage of men ages 40 and older who reported that they have not had a digital rectal exam Solution 11.8-16.1) (4.6-22.3) (4.6-22.3) (4.6-22.3) (4.6-22.3) (4.6-22.3) (4.6-22.3) (4.6-22.3) (4.6-22.3)		· ·		
pap smear within the past three years. Men's Health Percentage of men ages 40 and over who reported that they have not had a PSA within the past two years. Percentage of men ages 40 and older who reported that they have not had a digital rectal exam (3.0-13.8) (11.8-16.1) (4.6-22.3) (46.9 (40.8-70.5) (46.5-54.1) (43.9-56) Percentage of men ages 40 and older who reported that they have not had a digital rectal exam (3.0-13.8) (11.8-16.1) (4.6-22.3)		` · · · · · · · · · · · · · · · · · · ·		
Men's Health Percentage of men ages 40 and over who reported that they have not had a PSA within the past two years. Percentage of men ages 40 and older who reported that they have not had a digital rectal exam Men's Health 55.6 (40.8-70.5) (46.5-54.1) (43.9-56) 44.8				
Percentage of men ages 40 and over who reported that they have not had a PSA within the past two years. Solution 155.6 (40.8-70.5) (46.5-54.1) (43.9-56) Percentage of men ages 40 and older who reported that they have not had a digital rectal exam 55.5 44.5 44.8		(5.0.15.0)	(11.0-10.1)	(4.0-22.3)
years. (40.8-70.5) (46.5-54.1) (43.9-56) Percentage of men ages 40 and older who reported that they have not had a digital rectal exam 55.5 44.5 44.8		55.6	50.3	46.9
Percentage of men ages 40 and older who reported that they have not had a digital rectal exam 55.5 44.5 44.8				
		(40.6-70.4)	(40.8-48.2)	(40.7-54.7)